

Radiology smartphone applications; current provision and cautions

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Received: 2 April 2013 / Revised: 1 July 2013 / Accepted: 10 July 2013 / Published online: 4 August 2013
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Abstract

Objectives Medical smartphone applications are increasingly popular amongst doctors. However, the quality of their content is variable. We assessed contemporary radiology-related smartphone applications, focussing on the level of advertised medical involvement in application development.

Methods Six major application stores were searched between 18–30 June 2012 using the terms radiology, radiation, x-ray(s), computed tomography/CT, magnetic resonance imaging/MRI, ultrasound, nuclear medicine, fluoroscopy and mammography/mammogram. Application ratings, cost and medical input in development were recorded.

Results 321 applications were identified. One hundred fifty-eight were "teaching" and 96 "reference". Three of the 29 DICOM viewing applications had FDA approval for primary diagnosis, while 62 % stated they should not be used for primary diagnosis; 24 % of applications stated named medical professional involvement, 12 % had unnamed medical involvement and 4 % acknowledged guidelines or papers; 42 % did not disclose authorship.

Conclusions A large variety of radiology-related smartphone applications are available with many potential benefits. Advertised medical involvement in application design is variable, making assessment of their accuracy difficult prior to purchase. Additional measures are required to ensure the accuracy of such applications. The limitations of image interpretation using

smartphones are a major drawback of DICOM viewing applications. Further research into the accuracy of primary diagnosis using such applications is needed.

Main Messages

- A large variety of radiology smartphone applications are available with many potential benefits
- Variable medical involvement in application design limits assessment of accuracy before purchase
- Limitations of image interpretation using smartphones are a drawback of DICOM viewing applications
- Further work on the accuracy of primary diagnosis using these DICOM viewing applications is needed

Keywords Smartphone · Applications · Safety · Technology · Teleradiology

Introduction

Smartphone applications are software applications that can be downloaded onto smartphones. Smartphone health-related applications are rapidly increasing in number, with approximately 1,000 new applications released each month [1] and 142 million annual downloads predicted by 2016 [2]. Their use is popular, with 85 % of medical professionals using smartphones and 30–50 % reporting use of applications within their clinical practice [2, 3]. The range of smartphone applications available has been reported in various specialties, including orthopaedics [4], colorectal surgery [5], anaesthesia/pain medicine [6, 7], and microbiology [8]. However concerns regarding the lack of medical involvement in application design [5, 7, 8] and the reliability of application content [9, 10] have been raised.

The digital nature of modern radiology makes it ideally suited to smartphone applications. The potential utility of smartphone applications in radiology, such as portable Doppler ultrasound and mobile reporting of coronary computed

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tomography angiography [11, 12], have recently been reported; however, there is a general paucity of information within the literature regarding radiology-related applications. The Royal College of Radiologists of the UK (RCR) has recently launched “iRefer”, an evidence-based and peer-reviewed radiological investigation guideline tool [13]. However the degree of medical involvement in the development of other radiology-related applications is currently unclear.

One of the most anticipated prospects in radiology is the development of smartphone applications that permit the mobile viewing of Digital Imaging and Communications in Medicine (DICOM) format images. This has the potential to allow remote reviewing of images, leading to potentially more timely diagnosis. However, the limitations of smartphone displays on primary diagnosis and the deleterious effects of other factors such as ambient light and network properties must be considered.

In view of this and given the popularity of smartphone applications in healthcare, we aimed to identify contemporary radiology-related smartphone applications, including teaching, reference and DICOM viewing applications, and assess the level of advertised medical involvement in application development.

Materials and methods

Six major application stores (Apple, Google Play, Blackberry Mobile Market, Nokia Ovi, Samsung and Microsoft Windows Marketplace) were searched for smartphone applications specifically targeted to radiology using the terms radiology, radiation, x-ray(s), computed tomography/CT, magnetic resonance imaging/MRI, ultrasound, nuclear medicine, fluoroscopy, mammography and mammogram. The searches were conducted by a single author between 18–30 June 2012. Radiotherapy, veterinary and dental radiology applications as well as non-English language applications, games, wallpaper and applications under construction were excluded.

Data was recorded on the source of the application, application name, ratings, number of ratings and cost [prices in US dollars and British pounds were converted to euros using the exchange rate on 31 April 2013 (\$1=€0.7779, £1=€1.1853)]. Details regarding application content and medical input were obtained from the associated application description and any relevant websites.

Applications were categorised as “teaching” (flashcards, questions, revision guides/notes, textbooks, cases, tutorials/talks, etc.), “reference” (guidelines, cancer staging, radiology positioning guides, scanning protocols, glossaries, calculators including radiation dose calculators, converters, cost comparison, etc.), “viewing software”, “Hospital Information System” (HIS) (patient data including imaging reports), “patient education” and “others” (marketing, magazines, journal access, etc.).

Food and Drug Administration (FDA) approval for viewing software applications was ascertained from application-related publicity material and the FDA 510(k) premarket notification database [14].

Results were tabulated using Excel 2007 (Microsoft, USA). Where appropriate, two-tailed unpaired t tests were used to compare means.

Results

Three hundred twenty-one applications were identified (see Table 1 for a selection of example applications). The majority of these were available from either the Apple and Google Play application stores [172 (54 %) and 108 (34 %) respectively]. Six (2 %) were from the Blackberry Mobile Market and only 1 application was identified in each of the Nokia and Windows stores, while no relevant applications were found in the Samsung store. Twenty-one applications (7 %) were available from both Apple and Google Play, ten (3 %) from Apple, Google Play and Blackberry, and two from Google Play and Blackberry stores.

Categories of applications

Table 2 displays a breakdown of application categories found on each source platform. “Teaching” was the most common category [158 (49 %)]. Teaching topics included patient cases (54), textbooks or encyclopaedias (40), exam revision aids (36) and radiological anatomy (30). “Reference” was the second most popular type (96 [30 %]), followed by “viewing software” (29 [9 %]). Table 3 summarises the “viewing software” applications.

Medical involvement in application design

One hundred sixteen applications (36 %) had advertised medical professional involvement in application development. Seventy-six (24 %) of these stated specific named medical professional involvement (named doctor, radiographer, medical physicist or hospital) in the publicity information whilst a further 40 (12 %) mentioned unnamed medical professional involvement (such as “radiologist” or “emergency physician”). Twelve (4 %) acknowledged guidelines or papers used in developing the application, 12 (4 %) were designed by radiology or medical societies, such as the RCR or the American College of Radiology (ACR), and 37 (12 %) were developed by imaging companies (such as Siemens or General Electric). Two reported involvement of a named person but did not disclose their professional background, while six (2 %) stated general terms such as “exam experts”; 136 (42 %) applications did not disclose authorship.

Table 1 Examples of radiology-related smartphone applications. PACS=Picture Archiving and Communication System

Application category	Example	Brief description
Teaching	IMAIOS e-Anatomy	Atlas of anatomy based on computed tomography and magnetic resonance images. Users can scroll, zoom and rotate images, as well as toggle labels on and off
	Radiopaedia	Radiology cases for health professionals, with emphasis on radiology trainees. Scrollable multi-image stacks, quiz questions and answers with links to related articles
Reference	Virtual Radiographer	Guide to radiographic positioning, with sample radiographs, radiographic calculator and examples of common radiographic pathology
	Lung TNM Calc	Lung cancer staging calculator based on the 7 th Edition of the Lung Cancer TNM Classification (2010)
	iRefer	Radiological investigation guidelines tool from the Royal College of Radiologists based on the 7 th edition of “Making the best use of clinical radiology services”. Helps referring general practitioners, physicians and other health professionals determine the most appropriate imaging investigation
Viewer	eFilm Mobile	Allows remote access to eFilm Workstations/PACS, permitting the user to view lists of studies, forward studies to other eFilm devices, and view images on and download studies to a smartphone. Not for diagnostic use
Patient Education	Child MRI Prep	Helps parents and medical personnel prepare children for MRI using pictures, sounds and child-friendly language
HIS	Ubikare	Allows physicians to remotely access patient health records and test results, including radiology, as well as view patient appointments
Other	RSNA	Official app of the Radiological Society of North America allowing access to mobile versions of Radiographics, Radiology and RadiologyInfo.

Cost of applications

One hundred thirty-five applications were free to download, 4 provided free limited access to a paid application and 182 charged for access. The mean price of the paid applications was €11.65, ranging from €0.82 to €82.97. Of the paid applications, “viewing software” applications were the most expensive, costing on average €27.11 to download, followed by “teaching” (€13.08) and “reference” (€7.21).

Customer ratings

One hundred ninety-seven (61 %) applications were unrated. The mean rating of the 124 rated applications was 3.18 out of

5. Only 38 (12 %) applications had 10 or more ratings, and 10 (3 %) had more than 50 ratings. Paid applications rated significantly higher than free applications (3.65 versus 3.11, $p < 0.0001$ respectively), as did those with medical input in design compared with no stated medical input (3.26 versus 3.07, $p < 0.05$ respectively).

Discussion

Smartphones and their applications are increasingly used by medical practitioners and have potentially significant roles in the healthcare and clinical setting [15]. Health-related applications in various medical fields have been studied; however

Table 2 Number of radiology-related smartphone applications by category available from the different application stores. HIS=Hospital Information System

Application store	Teaching	Reference	Viewing software	Patient education	HIS	Other	Total
Apple	91	47	18	1	2	13	172
Google Play	52	35	5	1	3	12	108
Blackberry	3	1	0	0	0	2	6
Nokia	0	0	0	0	0	1	1
Windows	0	1	0	0	0	0	1
Samsung	0	0	0	0	0	0	0
Apple/Google Play	6	7	6	0	0	2	21
Apple/Blackberry/Google Play	6	3	0	0	0	1	10
Blackberry/Google Play	0	2	0	0	0	0	2
Total	158	96	29	2	5	31	321

Table 3 Summary of the available “viewing software” smartphone applications. *Price refers to the advertised cost of downloading the application from the application store; additional costs are not included. MIP=maximum intensity projection, MPR=multiplanar reformatting, PACS=picture archiving and communication system, ROI=region of interest, SUV=specific uptake value, VRT=volume-rendering technique, W/L=window level

Application name	Application store	Developer	Price*	FDA approved	Advertised viewing features	PACS	Advertised limitations	Tablet application available
Centricity Radiology Mobile Access	Apple/ Google Play	GE Healthcare	Free	No	Zoom, pan, scroll, W/L, 2D, 3D, MIP, MPR	GE Centricity PACS	Not for diagnostic use	Yes
DicomDroid	Google Play	Mediko srl	€20.62	No	Not stated	Any PACS	None stated	Yes
DocBookMD	Google Play	DocBookMD	Free	No	Not stated	Any PACS via messaging application	None stated	Yes
Doshi Diag	Apple	My Personal Health Record Express	Free	No	Zoom, scroll, cine loop	Doshi Diagnostics PACS	Not for diagnostic use	No
eFilm Mobile	Apple	Merge Healthcare	Free	No	Zoom, pan, W/L	eFilm PACS	Not for diagnostic use	Yes
ENDEAVOR	Google Play	Computer Vision Research Group	Free	No	Zoom, pan, scroll, W/L, annotate	Any PACS	None stated	Yes
Fujifilm Synapse Mobility	Apple/ Google Play	Fujifilm Medical Systems USA	Free	Yes (for iPhone/ iPad)	Zoom, W/L, 2D, 3D, MIP, MPR	Fujifilm systems PACS	For diagnostic use on iPhone/iPad	Yes
iClarity Lite: Advanced Medical Imaging Viewer and Image Management Tool	Apple	iCReo Inc.	Free	No	Zoom, pan, scroll, W/L, measurement, cine loop	Any PACS	Not for diagnostic use	Yes
iClarity: Advanced Medical Imaging Viewer and Image Management Tool	Apple	iCReo Inc.	€3.54	No	Zoom, pan, scroll, W/L, measure, cine loop	Any PACS	Not for diagnostic use	Yes
Independent	Apple	My Personal Health Record Express	Free	No	Zoom, scroll, cine loop	Independent Imaging's PACS	Not for diagnostic use	Yes
INFINITT Mobile Viewer	Apple/ Google Play	INFINITT Healthcare	Free	No	Zoom, pan, W/L, cine, measure, ROI	INFINITT PACS	Not for diagnostic use	Yes
inteleGRID	Apple	Inteleimage	Free	No	Zoom, pan, scroll, W/L	Any PACS	None stated	Yes
IOP Mobile	Apple	ZED Technologies	Free	No	Not stated	Olympic Park PACS	None stated	Yes
iPaxera	Apple	Paxeramed Corp	€3.54	No	Zoom, pan, rotate, W/L, measure	Any PACS	Not for diagnostic use	Yes
MITK Pocket	Apple	Medical Embedded Systems	Free	No	Zoom, MPR, W/L, measure, annotation	Any PACS	None stated	Yes
Mobile MIM	Apple	MIM Software	Free	Yes	2D, 3D, MIP, measure, annotate, SUV	Any PACS	Only to be used when no access to workstations.	Yes
MphRx	Apple	My Personal Health	Free	No	Zoom, scroll, cine loop	Any PACS via MphRx cloud system	Not for mammography	No
MRDS	Google Play	Inrete SRL	Free	No	Not stated	Any PACS	None stated	Yes
OsiriX HD	Apple	Pixmeo SARL	€24.88	No	Zoom, pan, rotate, W/L, cine, measure, ROI	Any PACS	Not for diagnostic use	Yes
ResolutionMD Mobile	Apple/ Google Play	Calgary Scientific	Free	Yes (for iPhone/ iPad)	Zoom, pan, W/L, 2D, 3D, MIP, MPR, measure, cine	ResolutionMD PACS	For diagnostic use on iPhone/iPad. Not for mammography	Yes

Table 3 (continued)

Application name	Application store	Developer	Price*	FDA approved	Advertised viewing features	PACS	Advertised limitations	Tablet application available
SAP Electronic Medical Record	Google Play	SAP AG	Free	No	Not stated	Any PACS	Not for diagnostic use	
SeeMyRadiology Mobile	Apple	Neurostar Solutions	Free	No	Zoom, W/L	Any PACS	Not for diagnostic use	Yes
Shields MRI	Apple/Google Play	Shields MRI	Free	No	Not stated	Shields Healthcare Group PACS	None stated	Yes
Siemens syngo. via WebReport	Apple	Siemens	Free	No	2D, 3D, MIP, MPR	Siemens Syngo PACS	Not for diagnostic use	Yes
Siemens syngo. via WebViewer	Apple	Siemens	Free	No	2D, 3D, MIP, MPR, VRT	Siemens Syngo PACS	Not for diagnostic use	Yes
SIUI PIE-3	Apple	Shantou Institute of Ultrasonic Inst Co. Ltd.	€82.96	No	Zoom, cine playback	SIUI ultrasound PACS	None stated	Yes
Vizua	Apple	Vizua	Free	No	2D, 3D, annotate	Any PACS via Vizua cloud system	None stated	Yes
VueME	Apple	MIM Software	Free	No	W/L, 3D, MIP	Any PACS	Not for diagnostic use	Yes
XR-Express for mobile devices	Apple/Google Play	New Mexico Software	Free	No	Zoom	XR-Express PACS	None stated	Yes

this is one of the first papers to review smartphone applications relevant to radiology.

Szekely et al. [16] recently published a similar study assessing the range and benefits of radiology-related smartphone and tablet applications. However their search only revealed 81 applications compared with the 321 identified in this study. Whilst the dates of the search and the exclusion criteria used differed between the studies, the search performed by Szekely et al. may have been incomplete.

Compared with the previous reports in other specialties, a relatively large number of radiology-related applications were identified. This probably reflects the general relevance of radiology compared with the previously studied medical fields, as well the rapid growth in medical applications [2].

The advent of smartphones and applications has made it easier for programmers, medically trained or not, to develop and publish medical-related literature. This increased accessibility has obvious benefits; however there are concerns regarding the accuracy of medical application content [5, 7–10]. In keeping with this, only 44 % of applications in the study acknowledged medical professional/society involvement or the use of guidelines or papers in application development. A further 12 % were developed by imaging companies. This low level of medical professional involvement is concerning.

It is currently difficult for a potential user to determine the accuracy of application content prior to purchase. The application stores provide a short description written by the application developer, customer ratings and comments, and a selection of screen shots. Whilst the customer ratings provide a source of feedback, 61 % of applications in this study had no rating. Furthermore 69 % of those rated were based on less than ten ratings, reducing the reliability of the customer feedback.

Expert medial input in the development of medical applications may improve reliability. This input should be clearly stated in the application advertising material to allow potential users to make an informed assessment of an application’s reliability prior to purchase. Regulations may also be required for some medical applications. The FDA plans to regulate a subset of smartphone medical applications that might present a potential risk to patients, such as those allowing display of medical images directly from a picture archiving and communication system (PACS) server [17]; however most of the applications identified in this study are not part of this subset.

Another way of helping users gauge an application’s reliability would be to develop a quality ‘kite mark’ for the field. This might be a role for the RCR or other radiology societies who could give their stamp of approval for products judged fit for the purpose.

With an appropriate application it is possible to access DICOM format images stored in PACS systems via a smartphone connected to the Internet. Fifteen out of the 29 viewing software applications have the facility to allow images from any PACS to be viewed remotely, and the

remaining 14 permit access to a named PACS server. The viewing features available on these applications are becoming increasingly sophisticated, with many permitting multiplanar reformatting, two- or three-dimensional reconstructions, measuring as well as scrolling, panning, zooming and windowing.

The regulation of medical smartphone applications is a new and evolving field. The FDA has released guidance on its intention to regulate a subset of medical applications, including those allowing access to DICOM format images, however this guidance is currently only a recommendation as full regulatory oversight has not commenced [17]. Three of the viewing software applications in the study had FDA approval for primary diagnostic use (Table 3). The remaining 26 viewing software applications without FDA approval should not be used for primary diagnosis; however this was only stated in the publicity information of 62 % of these.

To gain FDA approval the application must be shown to have substantial equivalence to another legally marketed device (i.e. any new technological changes are at least as safe and effective as the predicate). Whilst the software of the mobile PACS applications is very similar or identical to existing PACS systems, the relevant hardware is clearly different (smartphones versus reporting workstation), and this potentially affects the safety of the smartphone application. With these hardware limitations in mind both the Mobile MIM and ResolutionMD applications have clear disclaimers stating they should only be used when there is no access to a workstation, as they are not intended to replace full workstations.

The Medical Devices Directive (MDD) [18] ensures safety and performance of medical devices throughout the EU, with each member state having its own regulatory framework. However there is currently no consensus between member states over the definition of a medical device and which medical applications should be considered medical devices, leading to uncertainty among application developers and healthcare providers. In the UK, DICOM viewing applications would be considered a medical device by the Medicines and Healthcare Products Regulatory Agency (MHRA). Every registered medical device in the EU must carry the CE (Conformité Européene) mark, signalling that the manufacturer is satisfied the product conforms to the relevant requirements in the relevant legislation. The necessary requirements vary according to the MDD's classification of the medical device. Most applications, including DICOM viewing applications, are within the lowest risk category (class I), which means the developers can self-declare conformity to the essential requirements without the need for independent review. Unfortunately there is currently very limited use of the CE mark in the application stores [10].

The ability to view full-resolution images remotely has implications for timely diagnosis and treatment; however the limitations of using smartphones for image interpretation must be considered [19]. First, there are few studies investigating the diagnostic accuracy of image interpretation using

smartphones [12, 20–23]. Second, smartphones cannot meet the minimum standards for primary diagnostic displays required in Europe. For example, the RCR requires a screen resolution of $\geq 1,280 \times 1,024$ pixels and screen size of ≥ 42 cm, with the possibility of comparing serial examinations side by side [24]; the iPhone 5's display for example has $1,136 \times 640$ pixels and a 10.2-cm screen [25]. The deleterious effects of ambient light on mobile image interpretation also need to be taken into account. Finally, reporting workstation displays undergo rigorous regular calibration and quality assurance procedures to ensure they remain fit for the purpose. Smartphones being used for primary diagnosis would have to be part of similar quality assurance programmes.

Therefore, despite FDA approval, caution must be used when using DICOM viewing applications for primary diagnosis on smartphones and we feel the fundamental limitations of smartphone displays means smartphones are more suited for reviewing images. Whilst radiologists are likely to appreciate such restrictions, other medical practitioners using these applications may be less aware of their limitations.

In contrast to smartphones, tablet devices have larger displays with better resolution. They may therefore be better suited for mobile review of DICOM images. Studies assessing tablet devices in this regard are promising [26–28]; however further research is required to determine their diagnostic accuracy.

Data confidentiality is a major concern when using smartphones to review patient images, particularly if the phone is lost or stolen. One option used by several of the viewing applications is not storing any protected health information on the mobile device. Instead the user has to log in to a secure server and access the data via a secure, encrypted data transfer link. Further improvements in data security can be gained from applications utilising the HTML5 markup language. In contrast to previous versions, HTML5 has many commonly used applications integrated, such as video and audio elements. This makes it easier for users to access graphical and multimedia content directly via the web server without the need for additional plug-ins and subsequent data download onto a user's device. Whilst these options provide safe methods for managing confidential data, it obviously limits the use of the application to areas that have Internet access. Other applications permit the download of protected health information onto smartphones. Data stored in this way should be encrypted, and there should be the possibility to remotely disable lost or stolen devices.

There are other security concerns that should be mentioned. Employees, including healthcare workers, are increasingly using their own smartphones for work, resulting in a "bring your own device" trend. A recent survey showed that 41 % of US healthcare workers do not have a password on their phone, over 50 % access unsecure Wi-Fi networks and 48 % have not disabled the Bluetooth discoverable mode [29]. Furthermore many healthcare institutions do not have a

formal mobile strategy, with most unable to wipe the data from an employee's personal device should it be lost or stolen. Such practices raise serious security issues, which, in the setting of the healthcare system, could place patients' protected health information at risk.

The speed of data transfer and download is a further limitation of mobile image review on smartphones. A study evaluating the OsiriX smartphone application showed that the time taken to transfer 85 5-mm axial slices of a CT of the abdomen and pelvis using an iPhone 3S was up to 51 s with a WiFi connection, over 7 min using a 3G connection and over 35 min using an EDGE network connection [20]. The time taken for transferring thin (1-mm) slices to permit multiplanar formatting will be considerably longer. While smartphone and network technology continues to improve, with a corresponding increase in the rate of data transfer, the prolonged transfer times, particularly when no Wi-Fi connection is available, may currently limit the usefulness of smartphone viewing software applications.

Other concerns regarding noise, distraction, infection control, and health and safety cautions have also been reported [30, 31].

The advertised costs of some of the DICOM viewing applications are misleading. Some applications charge a one-off fee, which allows the user to download and use the application. In contrast, several applications are free to download but require access to a named PACS system or specific additional hardware or software to work. These "hidden fees" are often considerable, totalling hundreds or thousands of euros. The use of such applications is restricted to practitioners whose institutions have access to the required PACS system, negating some, if not all, of these "hidden fees", but restricting their wider usage.

One of the limitations of the study was the use of named medical involvement as a surrogate marker for reliability of application content. As the cost of downloading and reviewing all of the applications identified was prohibitively expensive, the validity and accuracy of the content within applications could not be directly verified. However, this recreates the situation potential application purchasers currently encounter prior to purchase.

Conclusion

Radiology-related smartphone applications are becoming increasingly available and have many potential benefits. The most common applications are teaching and reference based, for which quality of information is crucial; however many of these do not appear to have medical input in their development. Additional measures, such as a quality 'kite mark', are advised to ensure accuracy of such application content and better inform users prior to purchase. Smartphone applications

can also permit mobile interpretation of DICOM format images; however the limitations of smartphone displays and the need for optimal viewing conditions must be emphasised, especially if they are potentially used for primary interpretation.

Disclosures Richard Brady is owner of ResearchActive.com, a company that develops medical applications and provides mHealth solutions. No funding was received for this work.

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